

IGBRR All-Indiana Showcase Schedule

9:30-10:15 Player Registration (waivers, reversible / event t-shirts, warm-up, report to varsity Court 4 by 10:15)

10:15-11:00 Group Photos / Introductions Ct 4 / Group Warm-up

11:00- 12:15 Skill Station Rotation (15 min 4 stations)
Station 1- Drill to Skill Training / Sports Performance (Court 1)
Station 2- Basketball Skill Training - Two stations switch at 7 minutes (Court 2)
Station 3- Two line progression (Court 3)
Station 4- Full Court Training (Court 4 Varsity)

GAME 1 12:30-1:30 (Two 20 minute running halves, 5 min half, 15 min between games)

Court 1: Team Dream v Team Fever Court 2: Team Liberty v Team Lynx Court 3: Team Mercury v Team Sky Court 4: Team Sparks v Team Storm Team Sun, Team Wings Out

GAME 2 1:30-2:30

Court 1: Team Mercury v Team Lynx Court 2: Team Liberty v Team Sky Court 3: Team Dream v Team Sun Court 4: Team Wings v Team Fever Team Sparks, Team Storm Out

GAME 3 2:30-3:30

Court 1: Team Wings v Team Sky Court 2: Team Storm v Team Sun Court 3: Team Sparks v Team Fever Court 4: Team Mercury v Team Dream Team Liberty, Team Lynx Out

3:30- 3:45 Awards / Wrap-up