

IGBRR Indiana Preseason HS Prospect Camp Agenda



- 10:00-10:45** **Registration**
- 10:45-11:00** **Meet with Players / Coaches - Class & Group Pics**
- 11:00-11:10** **Introduction**
- 11:10-11:15** **Active Warmup**
- 11:15-12:15** **Drill 2 Skill (4 Stations, 15 minutes)**
Station 1 Drill 2 Skill Workstation / Drill 2 Skill Workstation (Court 1)
Station 2 Drill 2 Skill Workstation / Drill 2 Skill Workstation (Court 2)
Station 3 Sports Performance / Individual Photos (Court 3)
Station 4 Full Court Training (Court 4)
- 12:15 –12:45** **1st Round of 3 Pt (Court 1)**
1st Round of Hot Shot (Court 2&3) 4 baskets
1st Round of Skills Challenge (Court 4)
- Snack Break**
- 12:45 – 2:00** **5 v 5 (20-minute running clock) 3 Rotations**
12:45-1:05 Teams 1v2 (ct1), 3v4 (ct2), 5v6 (ct3), 7v8 (ct4), 9v10 (ct5), 11&12 out
1:10-1:30 Teams 1v2 (ct1), 3v4 (ct2), 5v6 (ct3), 7v8 (ct4), 11v12 (ct5), 9&10 out
1:35-1:55 Teams 1v2 (ct1), 3v4 (ct2), 5v6 (ct3), 9v10(ct4), 11v12 (ct5), 7&8 out
- 2:00-2:15** **2nd Round 3 Pt & Hot Shot (Courts 1-3 Final 8)**
2nd Round Skills Challenge (Court 4 – Final 8)
- 2:15- 3:30** **5 v 5 (20-minute running clock) 3 Rotations**
2:15–2:35 Teams 12v9 (ct1), 11v8 (ct2), 10v7 (ct3), 1v3 (ct4), 2v4 (ct5), 5&6out
2:40-3:00 Teams 12v9 (ct1), 11v8 (ct2), 10v7 (ct3), 1v3 (ct4), 5v6 (ct5), 2&4out
3:05-3:25 Teams 12v9 (ct1), 11v8 (ct2), 10v7 (ct3), 2v4 (ct4), 5v6 (ct5), 1&3 out
- 3:30-4:00**
- 3 Point Championship**
Hot Shot Championship
Skills Challenge Championship
All-Camp Team
Wrap up