

IGBRR Pre Season Tipoff Showcase Agenda



10:00-10:45 Registration (reversible jersey, waivers, tape/stretch)

10:45-11:00 Meeting with Players (coaches) / Group Pics

11:00-11:20 Intro / Recruiting

11:20-11:30 Acceleration Indiana Active Warmup (Courts 5,6,7)



11:30-1:15 **Drill 2 Skill** (4 Stations, 20 minutes) 2 teams (18 players) per group
Station 1 Acceleration Indiana – Sports Performance (Court 5)
Station 2 Drill 2 Skill Workstation (Court 6)
Station 3 Progression Shooting (Court 8)
Station 3 Media Station/Photo (Court 8)
Station 4 Full Court Training (Court 7)

1:15-1:45 **1st Round of 3 Pt (Court 5 & 6)**
1st Round of Skills Challenge (Court 7)

1:45-2:30 **5v5 (2 - 20 min running, Showcase Rules)**
Team 1 v Team 2 Ct5
Team 3 v Team 4 Ct7

3 v 3 Half Court (15 min games, 3 rotations)
Team 5 Ct 6 , Team 6 Ct 6 , Team 7 Ct 8, Team 8 Ct 8

2:30-2:45 **2nd Round 3 Pt & Skills Challenge** (Courts 5,6,7) **BREAK**
3pt Semi Finals Court 5,6
Skills Challenge Semi Finals Court 7

2:45-3:30 **5v5 (2- 20 min running, Showcase Rules)**
Team 5 v Team 6 Ct5
Team 7 v Team 8 Ct7

3 v 3 Half Court (15 min games, 3 rotations)
Team 1 Ct 6, Team 2 Ct 6, Team 3 Ct 8, Team 4 Ct 8

3:30-3:45 **3 Point Championship**
Skills Challenge Championship
Wrap up
All-Camp Team